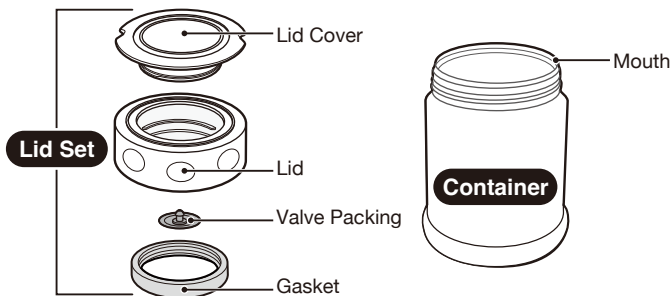


**Stainless Steel
Food Jar****Model No. SW-EK Instruction Manual****Name of Each Part**

● Be sure that all parts are attached firmly before each use.

● The illustrations used in this instruction manual may vary from the actual product you have purchased.

Please read these instructions before use, and keep for future reference.

Important Safeguards

● Please follow these instructions to prevent scalding, deterioration and discoloration of foods and beverages, as well as malfunction and staining of the product.

Do not allow infants or small children to use this product. Keep out of the reach of infants and small children.

Doing so may cause scalds or injury.

Always make sure that the Gaskets are attached during use.

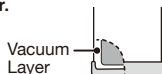
Contents may leak and/or cause scalding.

Do not attach parts other than those specifically designed for this product.

Doing so may cause leaks or breakage.

Do not use if water enters the interior of the Vacuum Layer.

In this case, the heat-retaining performance may deteriorate, resulting in a risk of burns. In addition, if the internal water seeps out, drinking it may cause illness.

**SW-EK (E/K/T/C) / A**

Do not use the product if it loses its heat retention properties.

The outside of the Container may become very hot if hot foods or beverages are poured inside.

Always close the Lid Set securely when using.

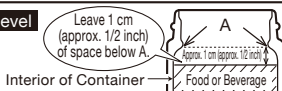
Foods and beverages may leak and cause scalds or stain clothes.

Fill the Container only up to the level shown in the illustration.

Contents may overflow when placing the Lid Set.

Fill level

Leave 1 cm
(approx. 1/2 inch)
of space below A.

**When containing hot foods or beverages:**

● Avoid shaking the product. Mishandling may cause scalding or injury.

● Be careful to avoid scalding yourself when using the product.

Due to its vacuum insulation, the outside of the product will not become hot, while hot foods and beverages will remain very hot for many hours. Please eat or drink with caution.

● Always use with the Lid Cover in place.

The interior of the Lid Set may become hot and cause scalds or injury.

Do not tilt the Container suddenly when drinking beverages.

The beverage may spill and cause scalding or stain clothes.

Do not allow a hot kettle to touch the mouth of the Container.

The Container may tip over, causing scalds, or damaging or deforming the product.

Do not place near heat sources such as gas stoves, ovens and heaters.

Doing so may cause deformation or discoloration of the product.

Avoid using this product while driving.

Doing so may cause scalds or stain the interior of your car or clothes. Attempting to use while driving may also cause serious accidents.

Avoid carrying the product by the Lid Set.

Dropping the product may cause injury.

Avoid modifying or disassembling the product.

Doing so may cause accidents or damage the product.

Do not heat the product in a microwave oven.

Doing so may cause sparks, deform or discolor the product.

Do not place near open flames (from gas stoves, etc.), on top of electric heaters or IH hot plates, or other IH cooking devices.

Doing so may cause a fire or malfunction.

Follow these instructions when placing salads/fruit in the Container.

● Use fresh (just purchased) salads/fruit. Wash well under running water before using.

● Wash hands thoroughly before preparing foods.

● Avoid using kitchen knives and chopping boards which have been used for meat or fish. If you do use such knives or boards for salads/fruit, disinfect them beforehand.

● Cut salads/fruit and cool well in the refrigerator before placing in the Container.

Never put the following into the product:

● Dry ice and carbonated drinks

Contents may spray out or the pressure may cause the Lid Set to burst, causing injuries.

● Perishable fresh foods (uncooked meat, seafood, dairy products, eggs, etc.)

If left inside the product for an extended period, these may spoil and give off gases. A buildup of pressure from these gases within the product may make food or beverages spray out or burst the Lid Set.

Consume foods or beverages as soon as possible (within 6 hours), and do not leave leftovers inside.

Leftover contents may spoil.

This product is for keeping foods and beverages hot or cold. Do not use it for any other purposes.

Do not subject this product to heating from outside even when you have difficulty in removing the Lid Set.

Doing so may increase the pressure inside the product and cause the Lid Set fly off; damage and burst the Lid Set; or cause foods or beverages to spray out; which could all result in injury. When you have difficulty in removing the Lid Set due to a buildup of pressure inside the product, follow the instruction in "When you have difficulty in removing the Lid Set" on p. 4 to release pressure inside the product and then remove the Lid Set.

Avoid using to keep food hot or cool for extended periods. Wash Container, Lid and Gaskets immediately after use.

If you are away from home and thorough cleaning is not possible, rinse the inside of the Container with water immediately after use.

- Although the Container is made of 18/8 stainless steel, salt from foods such as miso soup, other soups and sports drinks may cause rust resulting in loss of thermal insulation.
- A buildup of pressure inside the product from gases given off by a beverage as it spoils may make the Lid Set fly off or burst when it is opened, causing foods or beverages to spray out and cause injury.
- Not doing so may cause decay, mold, odor or discoloration. It may also cause leaks.

Always make sure cold soups or foods and beverages containing dairy products are cooked (heated) through before placing them in the Container.
They may spoil.

Avoid leaving in direct sunlight for an extended period.

Doing so may cause discoloration of the product.

Warnings & Cautions

Avoid dropping or hitting against hard surfaces.

Damage to the plastic or stainless steel surface of the Container may reduce its ability to retain heat.

Do not remove the sticker from the bottom of the Container.

Doing so may cause rust, holes or other damage.



Break up large ice cubes into smaller pieces before placing them in the Container.

Forcing large cubes into the Container may deform or damage it.

Do not place cans, bottles, etc. inside the Container.

These may deform or damage the Container.

Do not strongly rub the design on the outside of the Container.

It may come off.

Avoid laying this product on its side.

Doing so may cause foods and beverages to leak.

Foods with strong odors or colors (curry, kimchee and pickled daikon radish, or shiso, spinach, carrots and other brightly colored vegetables) may cause the product to absorb odors or may discolor the Lid Set. Wash the Container and other parts immediately after use. (Even if the color stains on this product cannot be completely removed, you can use it without problem.)

- Do not place objects directly on top of the Lid Set. These may absorb heat from the Lid Set.
- Stand the product upright when opening or closing the Lid Set.
- When carrying the product in a bag, keep it upright to prevent any leaking of contents.



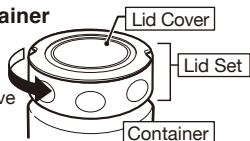
The rattling noise that may be heard when the product is shaken comes from the copper or aluminum foil in the vacuum insulation to increase heat (cold) retention and does not indicate a malfunction.

Instructions for Use

- Before using, wash the Lid Set and the Container thoroughly in accordance with the care instructions.
- When you first use the product, there may be a plastic smell. However, this will become less noticeable with use.

1 Remove the Lid Set from the Container

Without removing the Lid Cover, remove the Lid Set by turning it in the direction of the arrow. If the Lid Cover comes off, re-attach it to the Lid Set. Remove

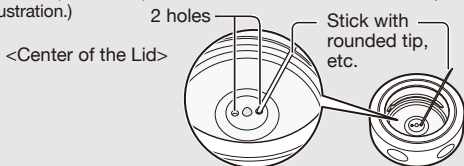


2 Preheat (Precool)

- ① For better heat/cold retention, pre-heat/pre-cool the Container by pouring a small amount of hot water/cold water into it, closing the Lid Set, and letting it stand for 1-2 minutes.
- ② After preheating/precooling, discard the hot water/cold water and wipe off any moisture.

When you have difficulty in removing the Lid Set

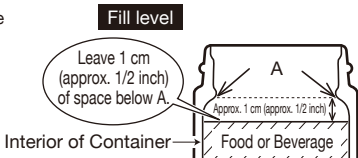
When you pre-heat the product or fill the product with hot foods or beverages, this may cause a buildup of pressure inside the product and make the Lid Set difficult to remove. In this case, remove the Lid Cover and taking care not to damage the Valve Packing, push a small stick with a rounded tip or similar tool into the hole (2 locations) in the center of the Lid to release the pressure. (See the illustration.)



Instructions for Use: continued

3 Fill the Container

- Overfilling the Container may cause the contents to overflow when the Lid Set is tightened or to leak out afterwards. Always fill foods and beverages to below the fill line.
- Wipe off any food or beverage adhering to A and above (to prevent leakage of contents after closing the Lid Set).
- Heat/cool foods and beverages thoroughly before placing them in the Container.



4 Close the Lid Set

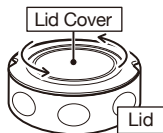
Close the Lid Set by turning it in the direction of the arrow.

- Turn the Container upside down to check that there are no leaks.



Disassembling the Lid Set

1 Turn off the Lid Cover as shown in the illustration

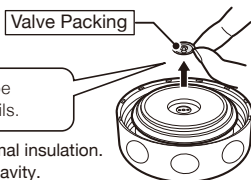


2 Remove the Valve Packing

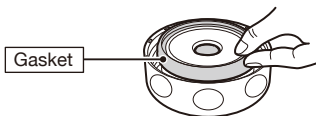
The Valve Packing is fitted into the center of the Lid. Remove it using your finger and thumb as shown in the illustration.

When removing the Valve Packing, be careful not to damage it with your nails.

- The Lid Set has a hollow structure for thermal insulation. Remove the Lid Cover to clean inside the cavity.



3 Remove the Gasket



Assembling the Lid Set

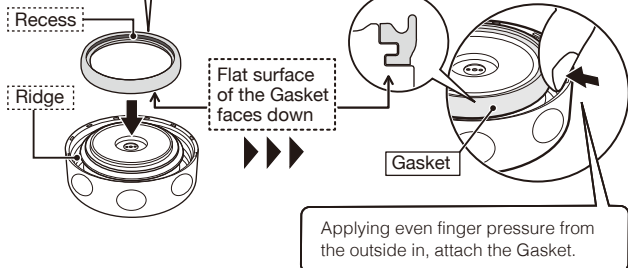
- Be sure to attach the Lid Cover, Lid and Gaskets correctly.
(Otherwise the product may not function properly and the contents may leak.)

1 Attach the Gasket

Line up the recess in the Gasket with the ridge on the Lid, and, applying pressure from the outside in, push it into place.

Avoid attaching the Gasket upside down.
(Doing so may cause food or beverages to leak out.)

Always attach with this part facing upwards.

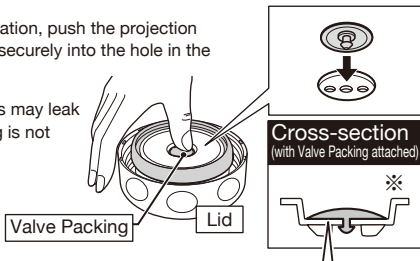


2 Attach the Valve Packing

As shown in the illustration, push the projection on the Valve Packing securely into the hole in the center of the Lid.

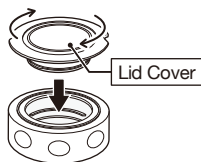
- Foods or beverages may leak if the Valve Packing is not correctly attached.

※ There are 3 holes on the Lid.
Please insert the projection into the center hole.



3 Fit the Lid Cover

As shown in the illustration, fit the Lid Cover by turning it on.



Care of Your Product

- Clean the product after each use to prevent odors, stains and mold, and to keep the product sanitary.
- Always disassemble the product before cleaning it.

Lid Set Container

- ① Wash with a sponge dipped in lukewarm water and mild kitchen detergent.
 - ② After rinsing, shake several times and thoroughly wipe dry.
- Before washing the Lid Set, remove the Gaskets from the Lid Set.
 - Allow all the parts of the Lid Set to dry before you reassemble them.
 - After disassembling the Lid Set for cleaning, reassemble it correctly to prevent foods and beverages from leaking.

Taking Care of Your Product:

- Do not boil the product to sanitize. Do not use a dishwasher or dish-dryer.
- Do not clean using paint thinner, metal wire scrub brushes, scrubbing brushes that include abrasive cleaners, polishing powders, cleansers, melamine sponges, or any similar items.
These may damage the product.
- Do not use chlorine-based bleach. In addition, do not use any kind of bleach, even non-chlorine-based, to clean the outside of the Container. It may damage the paint, print, or stickers on the Container.
- The Container is washable, but do not soak it.
- After washing the Container, always wipe moisture off thoroughly to prevent water stains or rust.
- If the product is not going to be used for an extended period, wash thoroughly with cold or lukewarm water and dry well. Store the product away from high temperatures and humidity.
High temperatures and humidity may damage the product.
- Always wipe off any water between the Lid Cover and Lid.

Removing Rust Spots and Water Scale:

During use of this product, hardness or impurities in water may cause rust spots or water scale. To remove these, fill the Container with hot water mixed with approximately 10% vinegar and let stand with the Lid Set off for 30 minutes to an hour, then wash the interior thoroughly.

Treating Absorbed Odors:

If the product is left unwashed for an extended period or is not thoroughly washed, it may absorb an unpleasant odor, and discoloration of the plastic parts may occur. Treat any unpleasant odor absorbed by the product as follows.

Container Lid	After washing thoroughly, wipe off moisture and leave in a well-ventilated place in sunlight to dry for 1-2 hours. If this does not remove the odor, we recommend using Zojirushi's cleaning detergent SB-ZA01E (sold separately). Always remove the Lid Set when using SB-ZA01E. Contact Zojirushi Customer Service or your local dealer for further information.
Gasket Valve Packing	Boil for 10 minutes in water with approximately 10% vinegar. After rinsing, wipe off moisture thoroughly to dry.

Replacing the Lid and Gaskets:

We take care in only using materials that are safe and hygienic for food contact. However, if plastic parts become damaged or its surface becomes rough, please replace them for optimum performance. The Lid and Gaskets may need to be replaced due to time and wear. Please check them about once a year. When replacing parts, please record the model number and part name beforehand. Then contact either the store where you purchased the product or Zojirushi Customer Service. Replacement parts may be available for an additional charge.